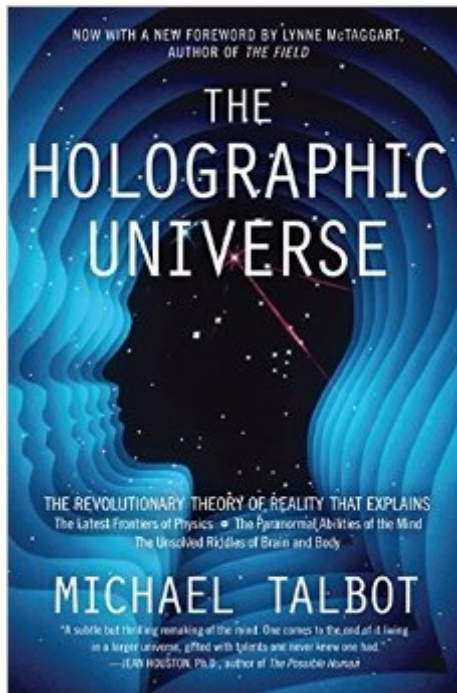


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# The Holographic Universe: The Revolutionary Theory Of Reality



## Synopsis

"Awake-up call to wonder, an adventure in ideas." — Larry Dossey, M.D., author of *Space, Time & Medicine Now* with a new foreword by Lynn McTaggart, author of *The Field*, Michael Talbot's classic treatise on the latest frontiers of physics reveals a revolutionary theory of reality, explaining the paranormal abilities of the mind, the unsolved riddles of brain and body, and the true nature of the universe. Lyall Watson, author of *Supernature*, calls *The Holographic Universe* "elegant" writing, "Talbot helps to bridge the artificial gap that has opened up between mind and matter, between us and the rest of the cosmos."

## Book Information

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## Customer Reviews

This is one of the most provocative books I have read in years. In the first few chapters Mr. Talbot describes the emerging holographic paradigm in science, drawing on David Bohm's work in quantum physics and Karl Pribram's work in neuroscience. I found both descriptions to be fascinating, and especially enjoyed the historical context for the work of these two seminal thinkers. As a person with a master's degree in neuroscience and chaos/complexity theory, I found a couple of his simplifications misleading, but would give him high marks for his overall comprehension of the conclusions of Pribram and his followers. The remaining 2/3 of the book is a discussion of how the holographic paradigm may provide a rational basis for interpreting a wide variety of phenomenon located around the fringes of established science. He looks at everything from strange historical "miracles" like stigmata and appearances of the Virgin Mary to modern psychic abilities and LSD experiences, from out-of-body and near-death-experiences to UFO abductions. In addition, he

compares language used in the modern scientific discussion of holography with the language used by ancient mystical traditions. Mr. Talbot's writing style is unusually clear and lucid. All of this makes for a highly engaging book. It kept me up late every night for more than a week. I am a person who has had an OBE/NDE (out-of-body, near-death-experience), and can tell you that his description of such events is an astoundingly accurate portrayal of what I experienced. I am also a scientist, and know that most of my highly rational, empirical colleagues would have trouble accepting a majority of Mr. Talbot's conclusions.

I've read *The Holographic Universe* often, and have gained new insights into the nature of consciousness and reality from its riches every time. I consider it to be author Michael Talbot's most important work, as well as one of the best books ever written on the subject of so-called paranormal phenomena. Talbot's fascination for finding scientific explanations for psychic and paranormal activity began when he noticed objects moving inexplicably around him, regardless where he lived. He would sometimes awaken to find socks draped on his houseplants, and occasionally found objects in his apartment that he knew for a fact had been hundreds of miles away. His real-life experiences with such shifts in reality combined with his training in physics led him to explore possible reasons for these and other mysterious happenings. Talbot begins his book with an excellent introduction to physicist David Bohm's concept of the holographic model of the universe, and combines the physics model with Karl Pribram's work on the holographic model of the brain. The result is a marvelous description of a non-local, interconnected and alive universe that moves in response to our every thought and feeling. I am very impressed with the clarity with which Talbot presents the concept of a holographic universe and how various paranormal phenomena can be explained within that model. Talbot's discussion is comprehensive, fascinating, clear, and packed with relevant and intriguing stories of paranormal phenomena. Out of body experiences (OBEs), near death experiences (NDEs), auric readings, psychokinesis, acupuncture, X-ray vision, healing, and psychic readings are all described and considered for placement into the holographic model.

Talbot has created a great book. *The Holographic Universe* is a discourse on a new way (paradigm) for viewing life and the Universe, based primarily on revelations from quantum physics. While my copy is over 10 years old, and physics has moved forward a bit since then, most of the material in the book is as relevant today as it was when my copy was published in 1991. The basic premise of the book concerns the nature of holography, and how the Universe and our existence and experience can be viewed through a holographic model. For those who don't know, a hologram or

holograph is a photographic image created by splitting a laser beam and recording interference patterns between the two beams after one has been reflected off the subject to be photographed. It has the remarkable property of containing the entire image on each piece if you cut it or break it into smaller pieces. This idea of the whole contained in each piece is the basis of the Holographic principle. It has been found to be very useful in explaining the behavior of many natural systems, hence the purpose of this book. Talbot discusses many areas of life, including particle physics and physical health. He quotes and cites authorities like Bohm, Grof, Pribram, and many others too numerous to mention here. The book is an incredible resource for a new view of reality as well as a huge listing of people, books, and research to go into more depth on the subjects covered. It is one of my favorite books, and I have given more than one away as a gift. At one time, I kept two additional copies just to loan out. My favorite parts of the book are the experiment in mass dreams near the end, and the section starting on page 90 dealing with the placebo effect and Multiple Personality Disorder (MPD).

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